Food Group Riddles

I am round and red. My meat is also red. Some people think I am a vegetable but I am really a fruit. People like to use me in a salad.

I am white. You can drink me. I am in the dairy group.

I am bad for you. I am at the top of the pyramid. I have a lot of fat. I am cold. I have a lot of chocolate chips.

I can sometimes be light brown or white. I have yellow stuff inside me. I am a protein.

I am green or red. I am spicy and hot. I am in the vegetable group.

I am yellow and long. I am a fruit. Monkeys eat me.

I am green and when you cut me open I am red. You eat me in the summer time. I am a fruit.

I am in the grain group. I am long and stringy. You can put sauce on me.

I am green. I look like a tree. I am a vegetable.

I am very soft. I can be sweet. I am cold. I am in the dairy group.

I have a lot of fat. I'm round you shouldn't eat a lot of me. I have a lot chocolate chips.

I am made of flour. You can make sandwiches with me. I am a grain.

I am some people's favorite food. I am bad for you. I am very sweet. You get me at Halloween.

I am orange. My top is green. I am a vegetable.

I am blue and round. I am little. A lot of children eat me. I am in the fruit group.